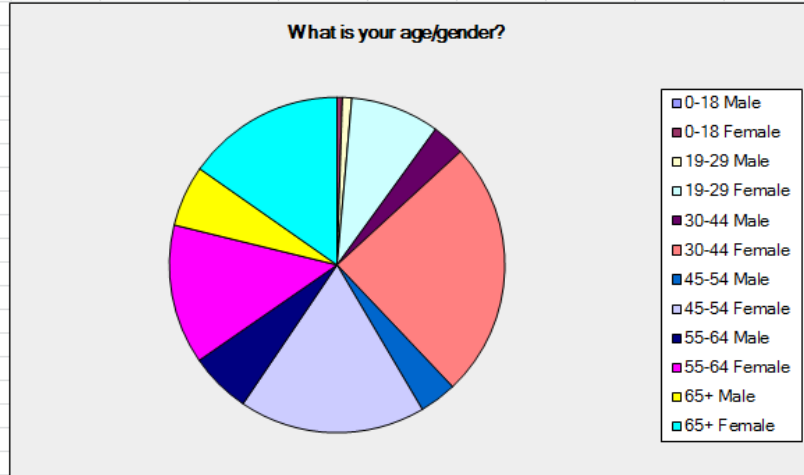


Howard County Assessment

What is your age/gender?

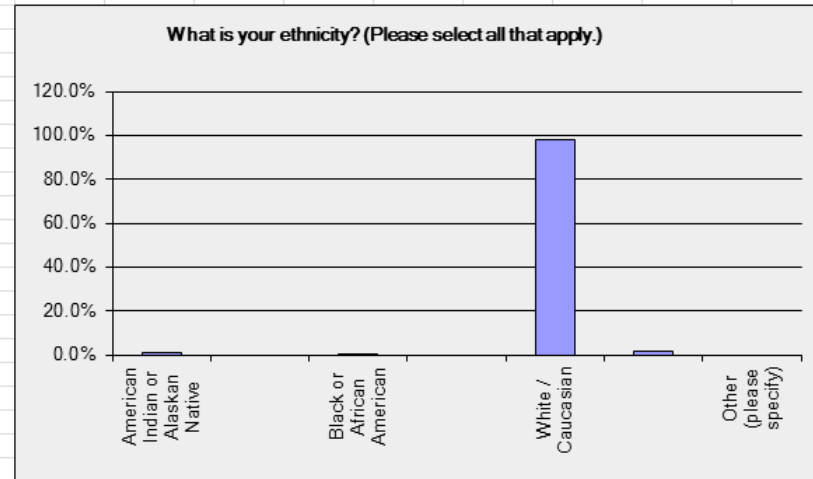
AnswerOptions	ResponsePercent	ResponseCount
0-18 Male	0.0%	0
0-18 Female	0.5%	1
19-29 Male	0.9%	2
19-29 Female	8.6%	19
30-44 Male	3.2%	7
30-44 Female	24.8%	55
45-54 Male	3.6%	8
45-54 Female	18.0%	40
55-64 Male	5.9%	13
55-64 Female	13.5%	30
65+ Male	5.9%	13
65+ Female	15.3%	34
AnsweredQuestion		222
SkippedQuestion		1



Howard County Assessment

What is your ethnicity? (Please select all that apply.)

AnswerOptions	ResponsePe rcent	ResponseCo unt
American Indian or Alaskan Native	0.9%	2
Asian or Pacific Islander	0.0%	0
Black or African American	0.4%	1
Hispanic or Latino	0.0%	0
White / Caucasian	98.2%	219
Prefer not to answer	1.3%	3
Other (please specify)	0.0%	0
AnsweredQuestion		223
SkippedQuestion		0



Howard County Assessment

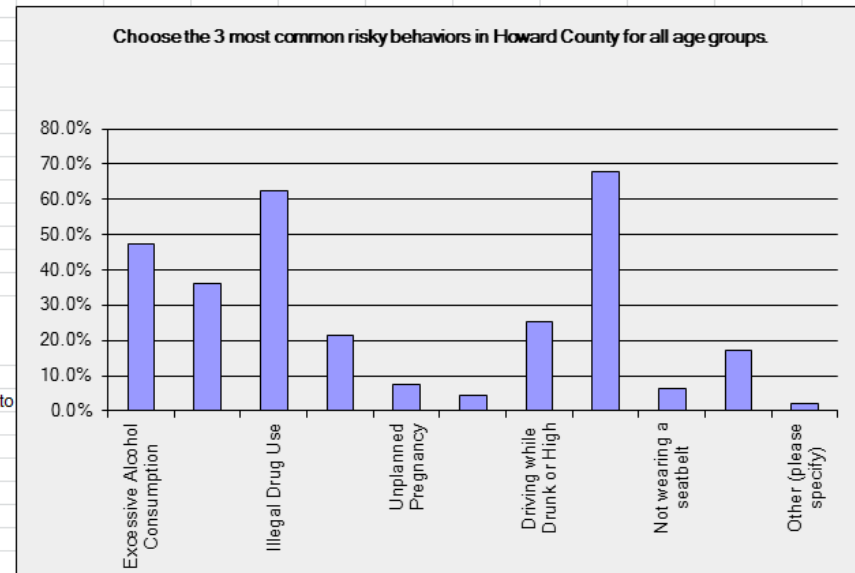
Choose the 3 most common risky behaviors in Howard County for all age groups.

AnswerOptions	ResponsePe rcent	ResponseCo unt
Excessive Alcohol Consumption	47.3%	105
Underage Drinking	36.0%	80
Illegal Drug Use	62.6%	139
Prescription Drug Use	21.6%	48
Unplanned Pregnancy	7.7%	17
Sexually Transmitted Disease	4.5%	10
Driving while Drunk or High	25.2%	56
Texting or using a cell phone while driving	68.0%	151
Not wearing a seatbelt	6.3%	14
Not wearing a helmet on a bike or motorcycle	17.1%	38
Other (please specify)	2.3%	5

AnsweredQuestion 222

SkippedQuestion 1

Number	Response Date	Other (please specify)	Categories
1	Sep 22, 2016 2:52 PM	Tobacco use	
2	Aug 6, 2016 10:53 PM	Parents "hosting" parties where alcohol is provided to	
3	Aug 6, 2016 9:43 PM	haven't lived here long enough to know.	
4	Aug 2, 2016 5:51 PM	Suicide, Mental Health issues	
5	Aug 2, 2016 5:03 PM	Breaking and entering.	

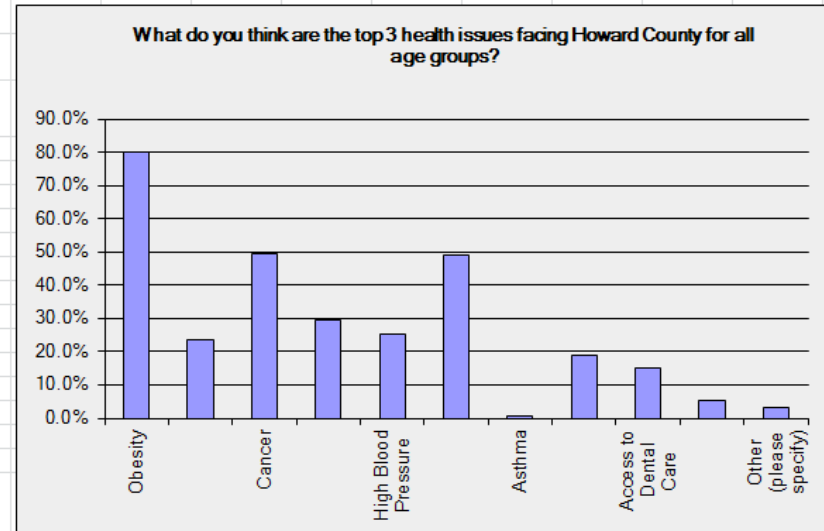


Howard County Assessment

What do you think are the top 3 health issues facing Howard County for all age groups?

AnswerOptions	ResponsePercent	ResponseCount
Obesity	80.2%	178
Heart Disease	23.4%	52
Cancer	49.5%	110
Diabetes	29.3%	65
High Blood Pressure	25.2%	56
Access to Mental Health Services	49.1%	109
Asthma	0.5%	1
Poor Nutrition	18.9%	42
Access to Dental Care	14.9%	33
Access to a Doctor	5.4%	12
Other (please specify)	3.2%	7
AnsweredQuestion		222
SkippedQuestion		1

Number	Response Date	Other (please specify)	Categories
1	Sep 22, 2016 6:41 PM	medical costs	
2	Aug 8, 2016 5:34 PM	Need more mental health professionals and a change of culture in our local hospital and clinic.	
3	Aug 4, 2016 9:42 PM	Side effects of smoking/COPD	
4	Aug 4, 2016 12:57 PM	health insurance coverage, either none or underinsured	
5	Aug 3, 2016 1:05 PM	orthodontics and oral surgery	
6	Aug 2, 2016 5:25 PM	under age pregnancy	
7	Aug 2, 2016 5:03 PM	Depression/anxiety	

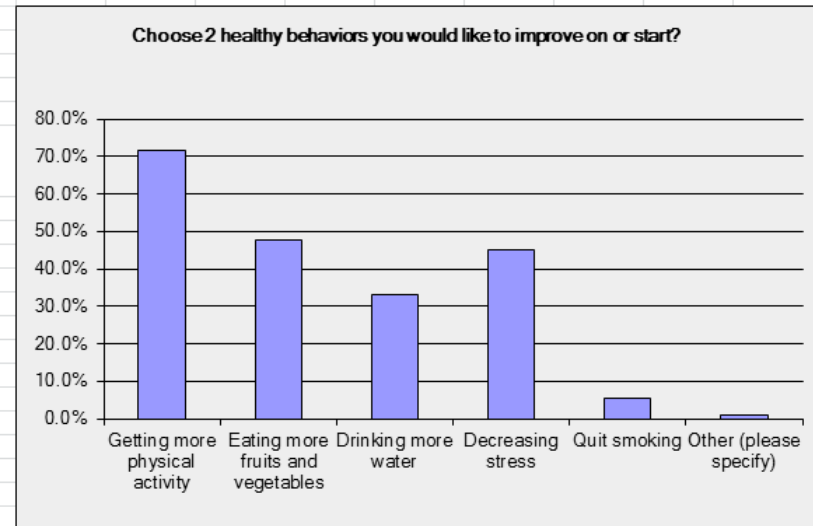


Howard County Assessment

Choose 2 healthy behaviors you would like to improve on or start?

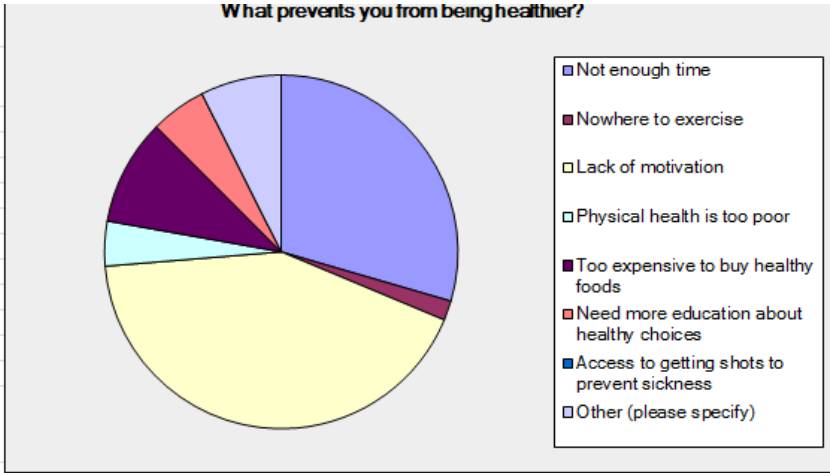
AnswerOptions	ResponsePercent	ResponseCount
Getting more physical activity	71.5%	158
Eating more fruits and vegetables	47.5%	105
Drinking more water	33.0%	73
Decreasing stress	45.2%	100
Quit smoking	5.4%	12
Other (please specify)	0.9%	2
AnsweredQuestion		221
SkippedQuestion		2

Number	Response Date	Other (please specify)	Categories
1	Sep 20, 2016 9:41 PM	smaller portions at meal time.	
2	Aug 3, 2016 2:55 AM	Healthy cooking	



What prevents you from being healthier?

AnswerOptions	ResponsePercent	ResponseCount
Not enough time	29.5%	64
Nowhere to exercise	1.8%	4
Lack of motivation	42.4%	92
Physical health is too poor	4.1%	9
Too expensive to buy healthy foods	9.7%	21
Need more education about healthy choices	5.1%	11
Access to getting shots to prevent sickness	0.0%	0
Other (please specify)	7.4%	16
AnsweredQuestion		217
SkippedQuestion		6

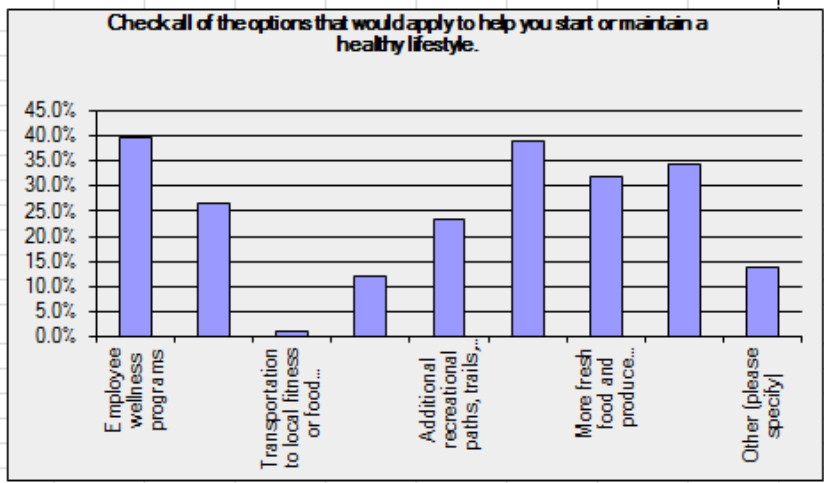


Number	Response Date	Other (please specify)	Categories
1	Sep 22, 2016 8:04 PM	Food likes and dislikes	
2	Sep 22, 2016 6:41 PM	current schedule of dialysis being 50 miles away	
3	Sep 21, 2016 4:02 PM	Not a big drinker of any thing. Can't say know so I overload.	
4	Sep 21, 2016 3:05 PM	Do not make it a priority each day	
5	Sep 21, 2016 2:16 PM	Feel I am pretty healthy and do thinks to stay that way !	
6	Sep 21, 2016 1:17 AM	none of the above fit	
7	Sep 21, 2016 12:42 AM	stress	
8	Aug 19, 2016 3:29 PM	lazy	
9	Aug 4, 2016 9:42 PM	Child care to allow personal time to do it, young children.	
10	Aug 4, 2016 7:47 PM	no reason not too..	
11	Aug 3, 2016 12:36 AM	not enough hours in a day	
12	Aug 2, 2016 9:51 PM	Think we do a pretty good job staying healthy	
13	Aug 2, 2016 6:30 PM	Feel I am pretty healthy, eat good and get exercise.	
14	Aug 2, 2016 5:41 PM	Making the time, have to travel for healthy food choices	
15	Aug 2, 2016 5:03 PM	No standing desk, not enough movement in office.	
16	Aug 2, 2016 4:56 PM	JOB--NO BREAKS, NO RELIEF HELP	

AnswerOptions	ResponsePercent	ResponseCount
Employee wellness programs	39.5%	83
Community education classes (Diabetes, heart)	26.7%	56
Transportation to local fitness or food markets	1.0%	2
Local school wellness programs	11.9%	25
Additional recreational paths, trails, and/or sidewalks	23.3%	49
Affordable wellness and fitness facilities	39.0%	82
More fresh food and produce available	31.9%	67
Community physical activity programs (water aerobics, etc.)	34.3%	72
Other (please specify)	13.8%	29

AnsweredQuestion 210
 SkippedQuestion 13

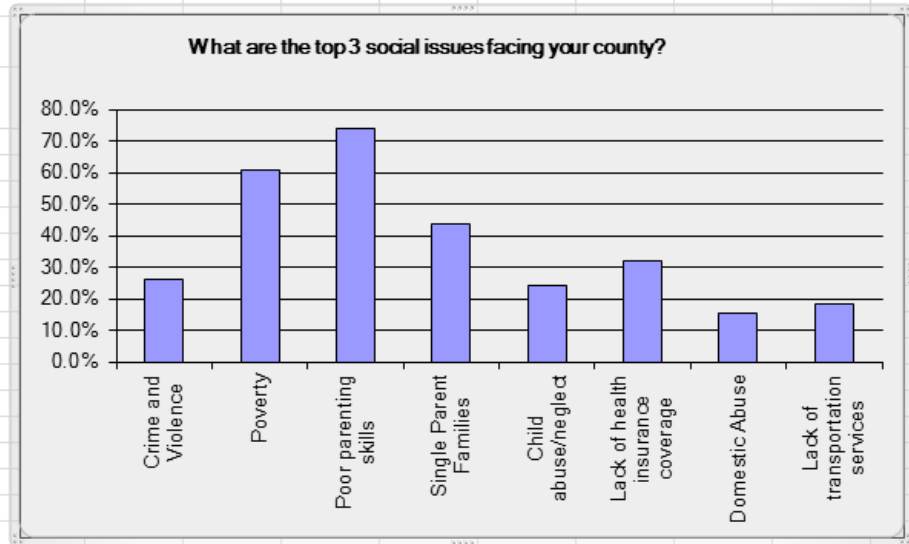
Number	Response Date	Other (please specify)	Categories
1	Oct 14, 2016 2:34 AM	More time to exercise	
2	Oct 9, 2016 5:31 PM	Lack of money to belong to the Fitness Center	
3	Sep 22, 2016 8:04 PM	Change eating habits	
4	Sep 22, 2016 6:41 PM	yoga class	
5	Sep 22, 2016 2:52 PM	More actual Dr.'s staffed at RHSHC	
6	Sep 21, 2016 5:02 PM	Cafeteria choices	
7	Sep 21, 2016 4:02 PM	For me choices learn to say the word NO to things	
8	Sep 21, 2016 2:17 PM	my health becomes poorer	
9	Sep 21, 2016 2:16 PM	I think our community, fitness center and hospital offer many programs to improve your health.	
10	Sep 21, 2016 1:58 PM	Motivation	
11	Sep 21, 2016 1:17 AM	We already have access to these for us	
12	Aug 25, 2016 9:39 PM	set time to exercise, like it is a appointment	
13	Aug 8, 2016 8:57 PM	No fitness site or classes in rural areas	
14	Aug 8, 2016 12:20 PM	more hours in a day!	
15	Aug 5, 2016 1:35 PM	would like a true yoga and pilates class	
16	Aug 5, 2016 12:33 AM	Weight loss support group	
17	Aug 4, 2016 9:42 PM	Services similar to the YMCA where children can go while parents work out.	
18	Aug 4, 2016 4:22 PM	pave gravel roads	
19	Aug 4, 2016 3:35 PM	More time if I didn't have to work two jobs	
20	Aug 4, 2016 1:25 PM	Figuring out how to work less	
21	Aug 3, 2016 5:22 PM	cresco needs a healthier business in town for whole organic foods badly	
22	Aug 3, 2016 1:15 PM	Just need to get motivated, back into a routine.	
23	Aug 3, 2016 3:52 AM	privacy issues at fitness center	
24	Aug 2, 2016 8:28 PM	It's not necessarily the lack of activity programs but rather the times they are offered.	
25	Aug 2, 2016 6:30 PM	I think our community and hospital, and health services does well well in this area. People just have to use the facilities and do it	
26	Aug 2, 2016 5:36 PM	personal accountability	
27	Aug 2, 2016 5:29 PM	Affordable fresh produce and healthy food	
28	Aug 2, 2016 5:03 PM	Standing desk and breaks for walking.	
29	Aug 2, 2016 4:56 PM	MORE TIME/RELIEF HELP AT WORK	



Howard County Assessment

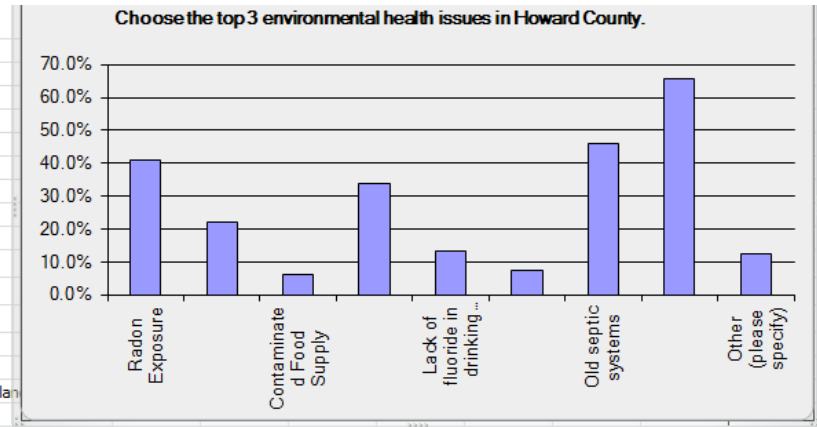
What are the top 3 social issues facing your county?

AnswerOptions	ResponsePercent	ResponseCount
Crime and Violence	26.0%	56
Poverty	60.5%	130
Poor parenting skills	74.0%	159
Single Parent Families	43.7%	94
Child abuse/neglect	24.2%	52
Lack of health insurance coverage	32.1%	69
Domestic Abuse	15.3%	33
Lack of transportation services	18.1%	39
AnsweredQuestion		215
SkippedQuestion		8



AnswerOptions	ResponsePercent	ResponseCount
Radon Exposure	40.9%	79
Lead Exposure	22.3%	43
Contaminated Food Supply	6.2%	12
Safe Drinking Water	33.7%	65
Lack of fluoride in drinking water	13.5%	26
Un-sewered communities	7.3%	14
Old septic systems	46.1%	89
Outdoor air quality (asthma triggers)	65.8%	127
Other (please specify)	12.4%	24

		AnsweredQuestion	193
		SkippedQuestion	30
Number	Response Date	Other (please specify)	Categories
1	Sep 23, 2016 1:33 PM	air smell from old creamery	
2	Sep 22, 2016 8:29 PM	Hog Lots	
3	Sep 22, 2016 8:04 PM	Run-off from crops planted right next to ditches without any headlan	
4	Sep 22, 2016 5:48 PM	hog lots	
5	Sep 21, 2016 2:16 PM	All the hog houses in Howard and Winn county	
6	Sep 21, 2016 1:17 AM	cresco is good with these	
7	Sep 20, 2016 10:36 PM	Cresco Foods affecting the air quality and ability to enjoy outdoor activities.	
8	Aug 19, 2016 3:29 PM	not sure	
9	Aug 9, 2016 2:31 AM	Hog Set Up	
10	Aug 8, 2016 8:57 PM	Hog confinement sites all over causing air pollution	
11	Aug 5, 2016 4:28 PM	Hog buildings	
12	Aug 5, 2016 2:41 PM	Hog confinement	
13	Aug 4, 2016 9:42 PM	The food plant air quality contamination	
14	Aug 4, 2016 4:22 PM	don't live here	
15	Aug 3, 2016 12:07 PM	None	
16	Aug 3, 2016 12:05 PM	I don't live in Howard County I have no education on the enviroment health issues.	
17	Aug 3, 2016 6:01 AM	Cresco foods	
18	Aug 3, 2016 3:52 AM	animal confinement facility run off	
19	Aug 3, 2016 12:44 AM	Hog confinement buildings	
20	Aug 2, 2016 7:30 PM	Cresco Foods air pollution	
21	Aug 2, 2016 5:51 PM	Cresco Foods	



Howard County Assessment

Check all that apply.

AnswerOptions	ResponsePercent	ResponseCount
Our family has discussed a central meeting place	45.7%	85
Our family has practiced a fire drill at home	28.5%	53
Our family has practiced a tornado drill at home	34.9%	65
Our family keeps a supply of bottled water and extra	54.8%	102
Our family keeps a list of current medications and	37.6%	70
Our family has made a contact list for emergencies	47.8%	89
Our home has a weather radio	41.4%	77
AnsweredQuestion		186
SkippedQuestion		37

