

## Tina's Story:

"My name is Tina Thorne, and I live just outside of Cresco, Iowa. My breast cancer journey began in 2014 when I found a lump in my left breast and made an appointment with Regional Health Service of Howard County. After an examination, mammogram and ultrasound, it was determined that I needed a biopsy. On to Mason City and the Mercy Cancer Center where I was diagnosed with Stage 2 breast cancer. I can honestly say that I never went for a mammogram before this event. After 16 chemo treatments and 33 radiation treatments, on 12-1-2014 I heard the words, "You are cancer free!"



My biggest supporter was my mom. She went to every treatment with me (of course my family and friends were there for me too). I fought myself every time to keep going, and without my mom pushing me to keep going and my family pushing me to get out of bed, I would not be here today. I am proud to say that on 12-1-18 I will be cancer free for 4 years! I strongly encourage every woman to get a mammogram regularly!"

At RSHSC, we are proud to have Tina as one of our champions, because she is a great reminder to every woman to get a yearly mammogram. Mammograms do save lives!



 **Regional  
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OF HOWARD COUNTY

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